

South Titan Track & Field

Attendance & Eligibility



One thing that each of our athletes can do to improve is showing up every day to practice, ready to work. This is why attendance plays a large role in our team's eligibility requirements. As a program, we firmly believe that if you are in attendance, you are committed to make yourself and our program better.

Attendance and eligibility will be evaluated as follows:

- All practices are mandatory.
- If students miss school due to sickness/illness, ISS, OSS, or an unexcused absence they are not permitted to participate in practice that day.
- All participants are students first, and should prioritize being at school in order to participate in practice.
- If an athlete accumulates two unexcused practice absences, a meeting between the head coach and the athlete will take place to discuss further action.

Absence exceptions include:

- Family emergencies and deaths in the family
- Injured athletes are expected to check in at practice
- A doctor's note will excuse an absence

As a staff, we understand that life happens year round and that there will be things that come up during the season that take precedence of track & field. We ask that you do your part to communicate with us and we will do our best to work with you.

***Please note, all absences & conflicts will be dealt with on a case by case basis.**