## State Qualifiers

Wednesday & Thursday May 17th & 18th @ Omaha Burke Stadium

Competitors are released for the entire day on Wednesday and Thursday. One bus will take all competing **Itinerary**:

athletes to Burke and will depart at 7:30AM. Please communicate with your teachers ahead of time. If you need to arrive later in the day, please make arrangements with Coach Kitrell, including a transportation form if you will be driving yourself. If you need to leave the meet early, you must be checked out by a

parent with Coach Kitrell.

Uniform top & black bottoms, warm ups, (please be sure to only wear Titan gear,) water bottle, healthy To Bring:

> snacks AND lunch, shoes, spikes, and extra socks. Leave valuable items at home if possible. Remember if you are going to wear anything under your uniform please make it solid black.

Please bring plenty of snacks, water, etc. Food:

Weather: Wednesday: High of 77 degrees. Sunny. Winds NW at 5 to 10 mph.

Thursday: High of 82 degrees. Mostly sunny. Winds WSW 10 to 15mph.

Wednesday May 17th

In each event, eight places count in scoring, (10-8-6-5-4-3-2-1,) as well as receive a medal.

Field Events: 2 consecutive throws; with one additional. All jumps are one at a time.

Top 8 will advance to finals for 3 additional throws.

9:00 AM CLASS A GIRLS LONG JUMP Zaidah, Rome

12:00 AM CLASS A GIRLS POLE VAULT Olivia B. 12:00 AM CLASS A GIRLS DISCUS Clare, Olivia B.

**Running Events:** Order: B Girls, A Girls, B Boys, A Boys

Prelim races: The first-place winner in each heat and the next five fastest

times will qualify for the finals.

\*\*Check in prior to warming up & at least one hour before your race!

1:30 PM 3200 M RELAY (Finals) Bethany/Marissa/Grace/Kaitlyn/Karli/Mia/Hayden

Zaidah, Aurora

2:25 PM 100 M HIGH HURDLES Breylee, Rome, Maddie

2:45 PM 110 M HIGH HURDLES

3:45 PM Awards Presentations

4:00 PM 400 M DASH Katie

4:40 PM 3200 M RUN (Finals) Kaitlyn, Grace B.

**5:40 PM 300 M LOW HURDLES** Bethany, Sydney, Amelia

6:00 PM 300 M INT. HURDLES

6:30 PM 200 M DASH

6:20 PM Awards Presentations

3:05 PM 100 M DASH

## **Thursday May 18th**

**Field Events:** 2 consecutive throws; with one additional. All jumps are one at a time.

Top 8 will advance to finals for 3 additional throws.

9:00 AM CLASS A GIRLS TRIPLE JUMP Zaidah, Rome

11:30 AM CLASS A GIRLS HIGH JUMP Morgan 11:30 AM CLASS A GIRLS SHOT PUT Lauren, Clare Running Events: Order: B Girls, A Girls, B Boys, A Boys

\*\*Check in prior to warming up & at least one hour before your race!

1:30 PM 800 M RUN Kaitlyn

**2:10 PM 400 M RELAY** Kaylie, Katie, Aurora, Zaidah (*Alt. Cameron*)

Kaitlyn, Marissa

(UNIFIED 400 M RELAY)

2:50 PM Awards Presentations

3:05 PM 100 M HIGH HURDLES

**3:15 PM 110 M HIGH HURDLES** 

3:25 PM 100 M DASH

(UNIFIED 100 M DASH)

3:40 PM Awards Presentations

3:55 PM 400 M DASH

4:20 PM 1600 M RUN (Finals)

**4:55 PM 300 M LOW HURDLES** 

5:05 PM 300 M INT. HURDLES

5:15 PM 200 M DASH

5:30 PM Awards Presentations

5:50 1600M RELAY

Bethany/Karli/Beth/Sydney/Katie/Rome/Amelia

6:50 PM Awards Presentations

**NOTES TO PARENTS:** Tickets must be purchased online. No paper tickets will be accepted. \*See spectator information attached in the most recent weekly email for more detailed information.

Relay members and order of runners will be selected at the meet. All possible runners are listed and will be warming up and preparing as if they are competing on the relay. Runner selection is based on past performance times, personal best times, work load on each athlete's legs, trustworthiness, and finally decided on by the coaches for what is the best scenario for the team at that time in the meet.

Please have your athlete communicate when we are on our way home if they are riding the bus back. All athletes who will be picked up from the meet need to sign out with Coach Kitrell before leaving. Thank you!

<u>Parents & fans are not allowed on the infield during the District or State meet. You must remind in the stands during running events.</u> This puts your athlete or other Titan athletes at risk of disqualification. Please wait until your athlete comes to you!