

South Titan Track & Field

Lettering Requirements



All track & field participants have the opportunity to earn a varsity letter through a variety of ways. Lettering is mostly based on an athlete's participation at the varsity level, however there are several other opportunities for athletes to achieve lettering.

Lettering opportunities include:

- Competing in a minimum of 5 varsity competitions in a single season
- Qualifying as a top 3 participant for Varsity Metro Championships
- Qualifying for the State meet
- Achieving a Top-Ten mark
- Completion of the season and in good standing as a senior

As an athlete receives a letter, they will receive:

1st Year Letter Winner: "T" Letter (toward a letterman jacket)

2nd / 3rd / 4th Year Letter Winner: Chevron (toward a letterman jacket)

Lettering may be hindered if an athlete has 2 or more incidences of:

- Being late for practice, unexcused practice absence, unexcused meet absence, etc.